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# Priority for 2018/19: Promote positive mental health and wellbeing for adults

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**Report being considered by:** Health and Wellbeing Board

**On:** 18 May 2018

**Report Author:** Matthew Braovac

**Item for:** Please select:

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## 1. Purpose of the Report

- 1.1 To provide the Health and Wellbeing Board with an update on the work of the Mental Health Action Group to 'promote positive mental health and wellbeing for adults'

## 2. Recommendation

- 2.1 The Health and Wellbeing Board note the report and associated presentation.

<b>Will the recommendation require the matter to be referred to the Executive for final determination?</b>	Yes: <input type="checkbox"/>	No: <input checked="" type="checkbox"/>
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## 3. Introduction/Background

- 3.1 The Health and Wellbeing Board invited Richard Benyon MP to its meetings on 30 March 2017 and 24 November 2017 to provide information on work ongoing around mental health. The Board has invited Richard Benyon MP to its meeting on 18 May 2018 to provide an update on the work of the Mental Health Action Group.

## 4. Update

- 4.1 Matthew Braovac, Independent Chair of the Mental Health Action Group and Matthew Pearce, Head of Public Health and Wellbeing – WBC, will give a presentation to update the Health and Wellbeing Board on work to promote positive mental health and wellbeing for adults.

## 5. Conclusion

- 5.1 The Health and Wellbeing Board are invited to receive the presentations and consider its role in helping to overcome any identified issues.

## 6. Appendices

There are no appendices to this report.

**Background Papers:**

None

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**Health and Wellbeing Priorities 2017 Supported:**

- ☐ Reduce alcohol related harm for all age groups
- ☐ Increase the number of Community Conversations through which local issues have been identified and addressed

**Health and Wellbeing Strategic Aims Supported:**

The proposals will help achieve the following Health and Wellbeing Strategy aim(s):

- ☐ Give every child the best start in life
- ☒ Support mental health and wellbeing throughout life
- ☐ Reduce premature mortality by helping people lead healthier lives
- ☐ Build a thriving and sustainable environment in which communities can flourish
- ☐ Help older people maintain a healthy, independent life for as long as possible

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**Officer details:**

Name: Matthew Braovac

Job Title: Independent Chair of the Mental Health Action Group

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